

<u>Day</u>	<u>Date</u>	<u>Title of session</u>	<u>Who for in particular</u>
Tuesday	15th Jan	Step 2 Extra: Mental Health	All volunteers
Friday	1st Feb	Step 2 Extra: Money & Debt	Hall volunteers
Friday	1st March	Step 2 Core: Engaging	Those who have done Step 1
Tuesday	12th March	Step 1 Core: Volunteering	All volunteers
Tuesday	26th March	Step 1 Extra: Housing	All volunteers
Friday	5th April	Step 3 Core: Befriending	Those who have done Steps 1 & 2
Tuesday	9th April	Step 2 Extra: Addiction	Hall volunteers

All sessions start at 10am and take place in St. Andrew’s Church rooms upstairs at the back.

Core sessions

These run from 10am – 2.30pm and a free buffet is provided.

Step 1 Core Session VOLUNTEERING

This covers

- Personal boundaries
- Equality & diversity
- Confidentiality
- Personal attitudes

Step 2 Core Session ENGAGING

This covers

- Active listening
- Motivating and challenging
- Handling difficult situations
- Personal wellbeing

Step 3 Core Session BEFRIENDING

This covers

- The Trinks agreement
- Building good relationships
- Personal skills, qualities, time
- Acquiring relevant knowledge
- Ongoing support that is available



Extra Sessions

These run from 10am – 12.30pm

Step 1 Extra Session

is currently available on

- Barriers to Housing

will be available on

- Safeguarding Vulnerable Adults

Step 2 Extra Sessions

are currently available on

- Mental Health
- Money & Debt
- Addiction



To book places

please email: devizesopendoors@gmail.com

- in the Subject bar put “Volunteer Training”
- in the Message box add the details of which session(s) you want to book a place at.

Sessions will take the first 12 bookings and then there may need to be a Reserve List.